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4 insights on outpatient joint replacement surgery from Dr. Ravi Bashyal

Written by *Rachel Popa* | September 04, 2018 | [Print](#) | [Email](#)

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Evanston, Ill.-based NorthShore University HealthSystem's Ravi Bashyal, MD, [shared](#) his insights on outpatient joint replacement surgery in a segment on *Fox 32 News*.

Here are the details to know:

1. By using minimally invasive techniques, patients experience less pain after a procedure. NorthShore also uses alternative pain medications like anti-inflammatories to reduce opioid use.

2. Dr. Bashyal said a typical outpatient hip replacement takes about 35 minutes to complete, while a knee replacement takes around 45 minutes.

3. The ideal patient for outpatient joint replacement surgery is a healthy, active individual with a strong support system at home.

4. Patients typically return to work within two weeks after the operation.

More articles on orthopedics/TJR:

[Blood management program improves outcomes for knee, hip replacement patients: 3 study facts](#)

[Cryogenic technology decreases pain in knee replacement patients: 3 insights](#)

Patients favor outpatient hip, knee arthroplasty surgeries in ASCs: 3 study facts

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